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T., Samaritter, R. A., van Rijn, R. M., Kuipers, G., & Stubbe, J. H. (2021). Dance Movement Therapy for clients with a Personality Disorder: A systematic review and thematic synthesis....

Theorie
Evidenz

Praxis
Erfahrung

Tanztherapie von der Theorie zur Praxis

- Entwicklung der Tanztherapie
- Rolle der Tanztherapie in der Privatklinik Hohenegg
- Diagnostik in der Tanztherapie
- Fallvignetten
- Interventionen in der Tanztherapie



Martha Graham, Smithsonian Institute

Entwicklung der Tanztherapie

Wiederentdeckung des **Körpers**
als Träger von inneren
Befindlichkeiten und
Ausdrucksmittel psychischer
Verfassungen

Emile Dalcroze Musikpädagoge

-> Rhythmik

Rudolph von Laban Tänzer

Mary Wigmann Tänzerin

-> Ausdruckstanz

Martha Graham Tänzerin

-> Modern Dance



Ballerina : Pixabay

Entwicklung der Tanztherapie

Tanz als Therapie

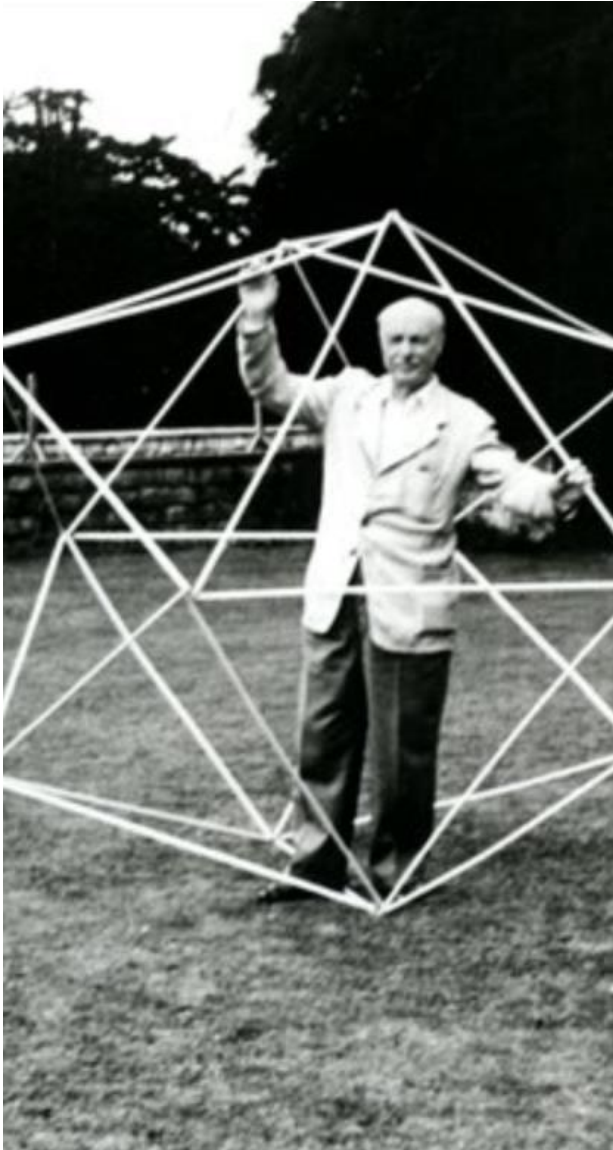
Marian Chace Tänzerin

erste Tanztherapeutin in
einer psychiatrischen
Institution

St. Elisabeth's Hospital,
Washington



Marian Chace: American Dance Therapy Association



Rudolf von Laban : EMOVE-Institut

Entwicklung der Tanztherapie

Entwicklung von Methodik und theoretischem Gerüst

Rudolf von Laban Tänzer

Begründer Bewegungsanalyse

Irmgard Bartenieff

Physiotherapeutin

Ergänzung anatomisch-
physiologische Sichtweise

Judith Kestenberg Ärztin

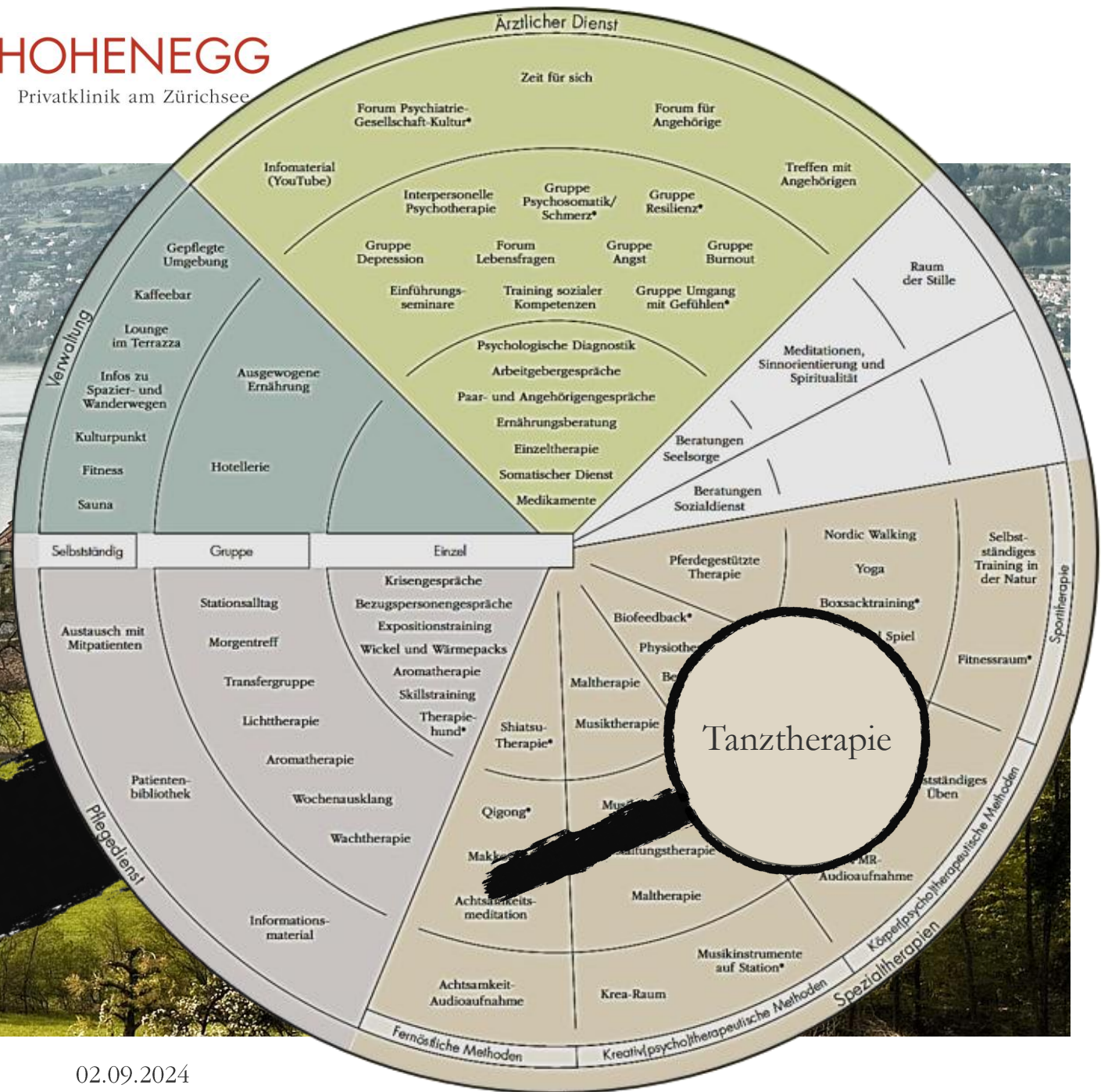
Ergänzung
entwicklungspsychologische
Sichtweise



Irmgard Bartenieff: Institute of movement studies

HOHENEGG

Privatklinik am Zürichsee



02.09.2024

Diagnostik

Was bewegt sich.....

wie ?

wann?

wo im Raum?

warum?

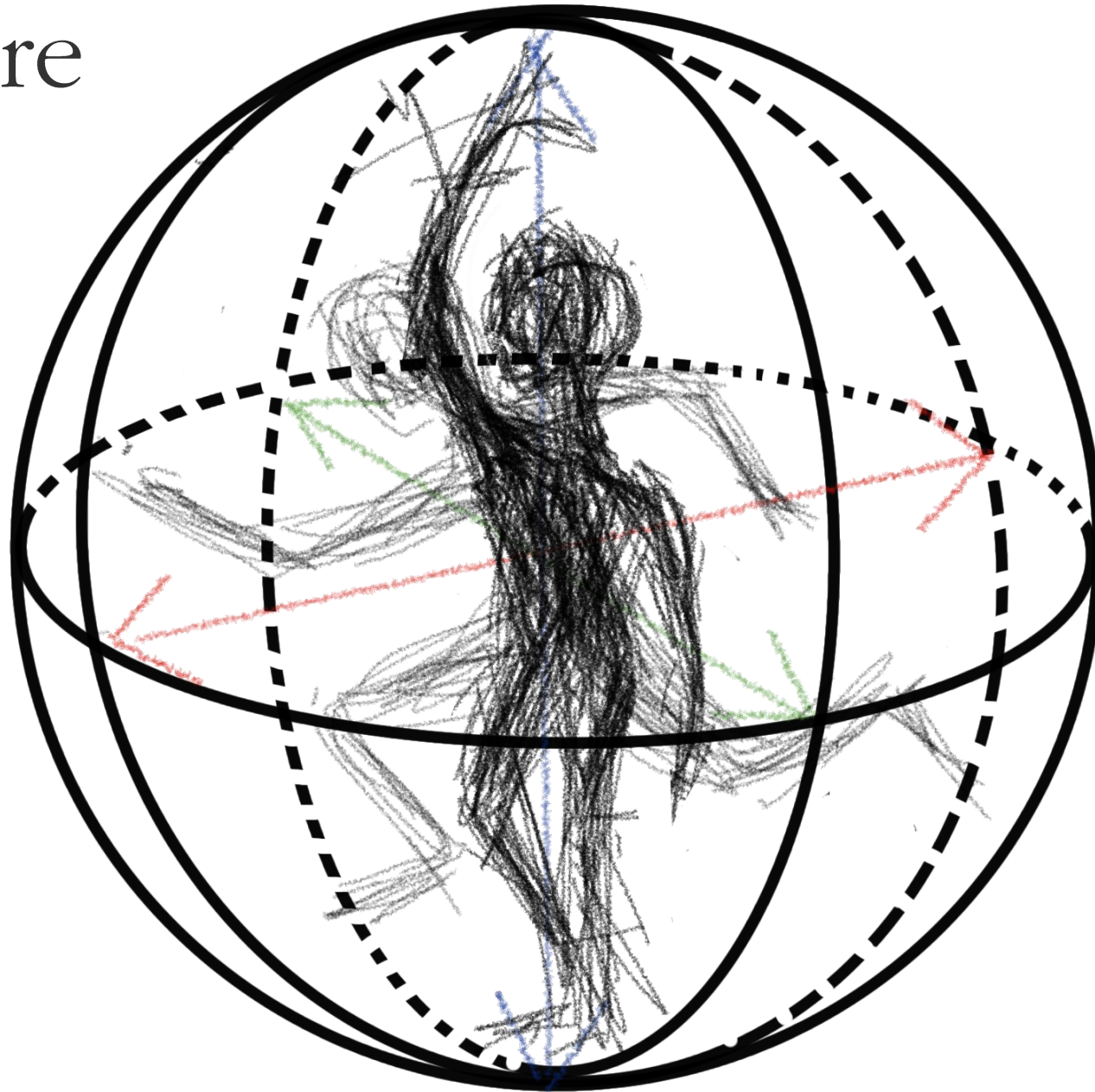
..... und was bewegt sich
nicht?

Kriterien nach Laban

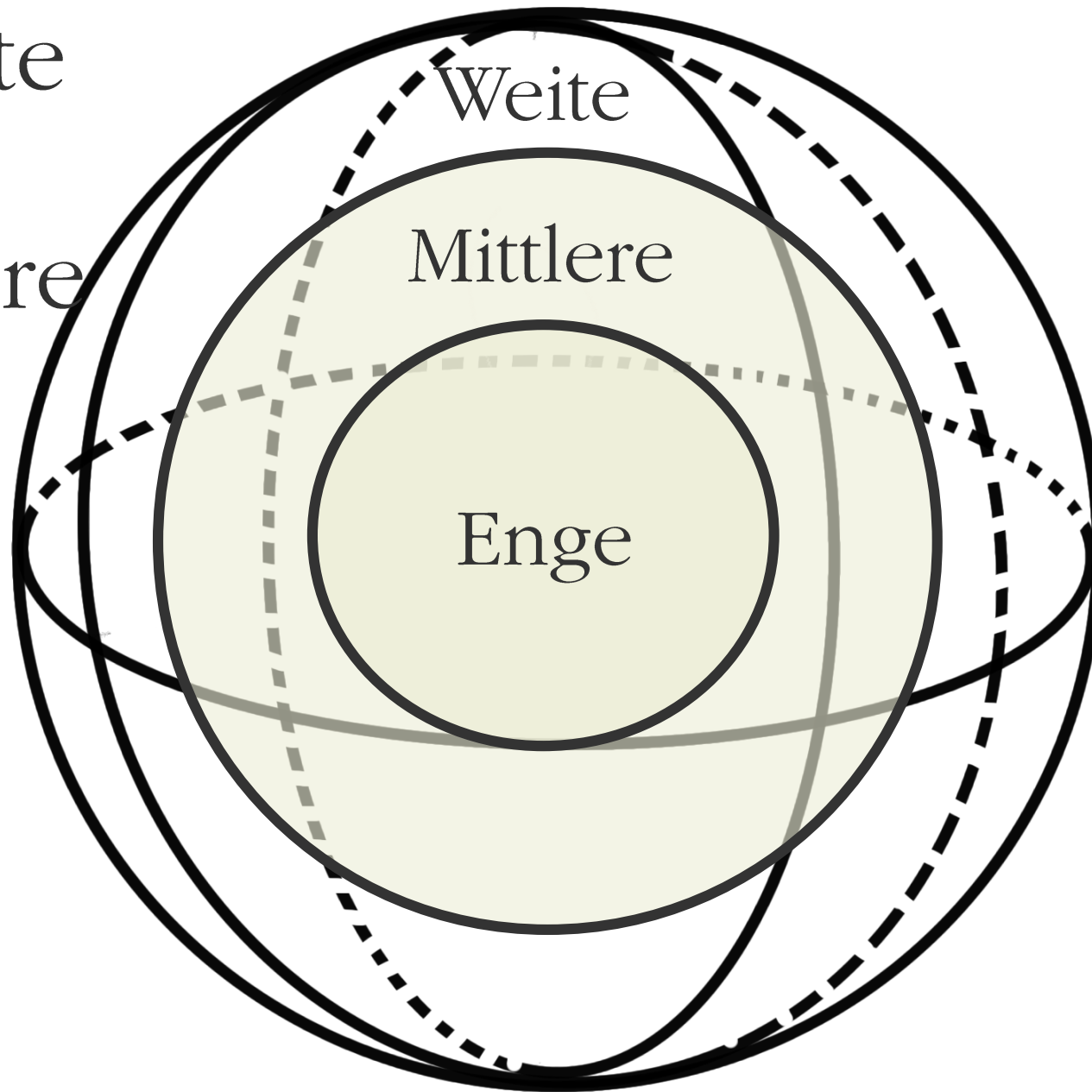
- Raum
- Antriebe
- Form
- Körper
- Phrasierung
- Beziehung

Kinesphäre

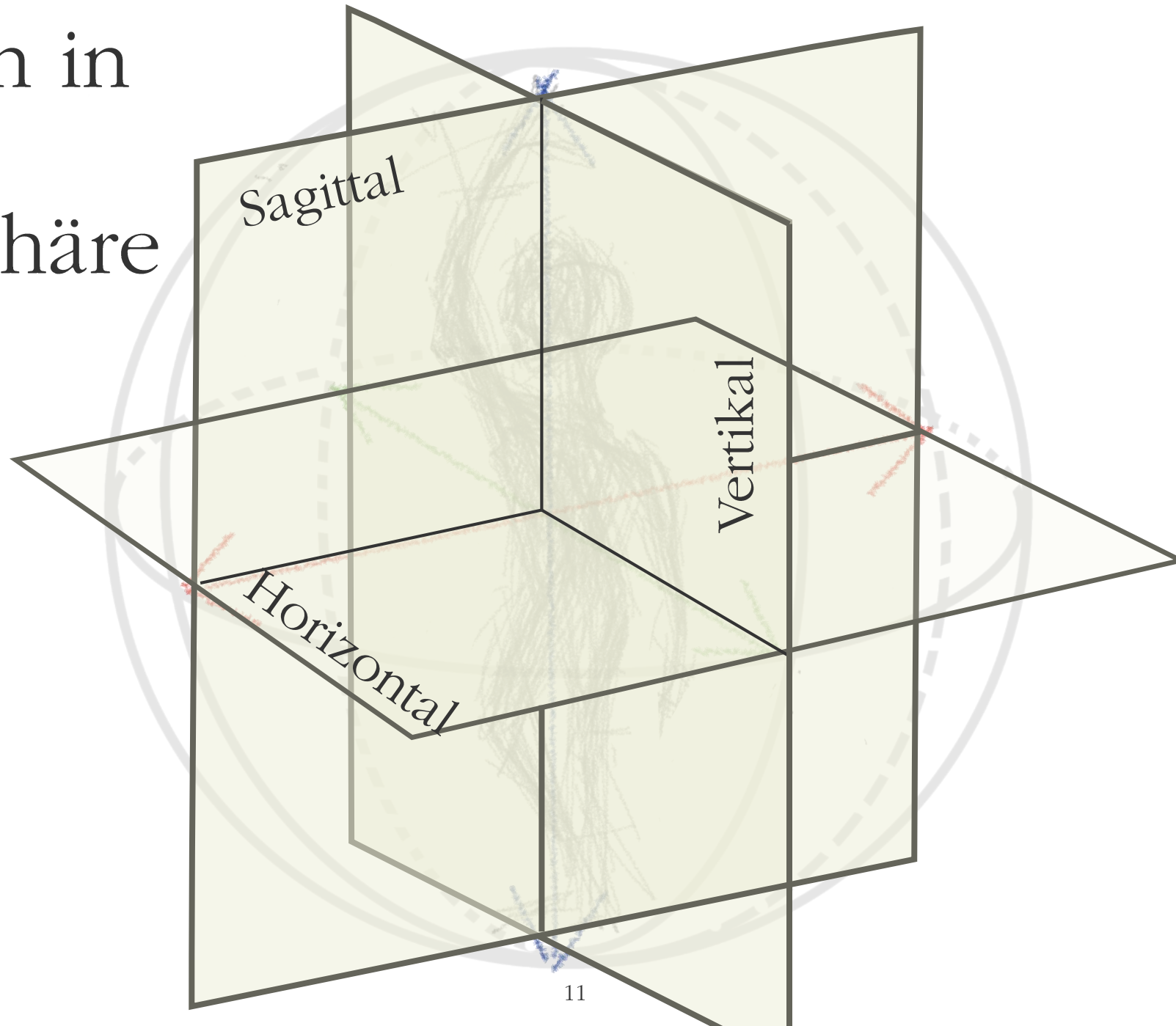
(Persönlicher
Raum)



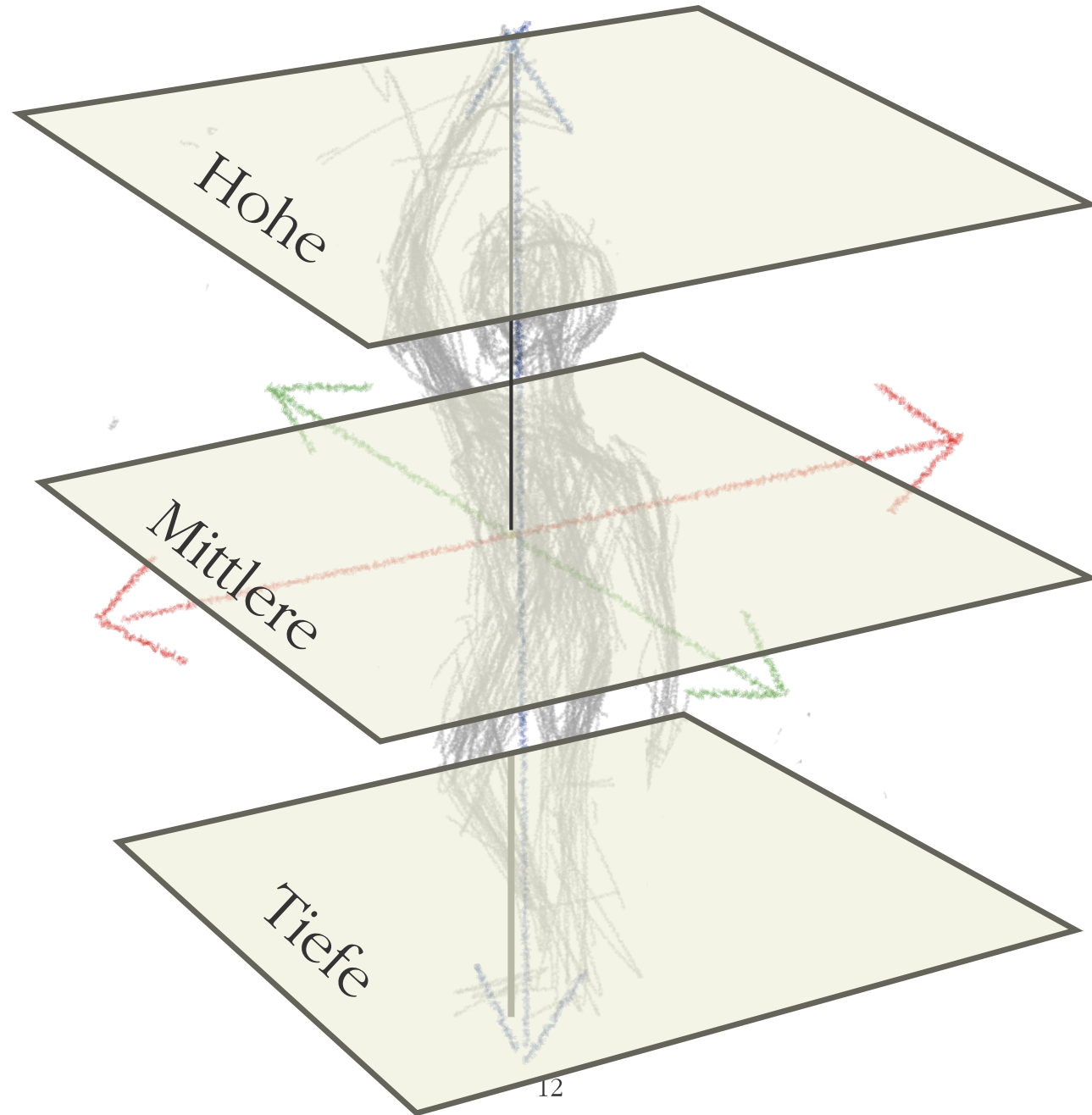
Reichweite
in der
Kinesphäre



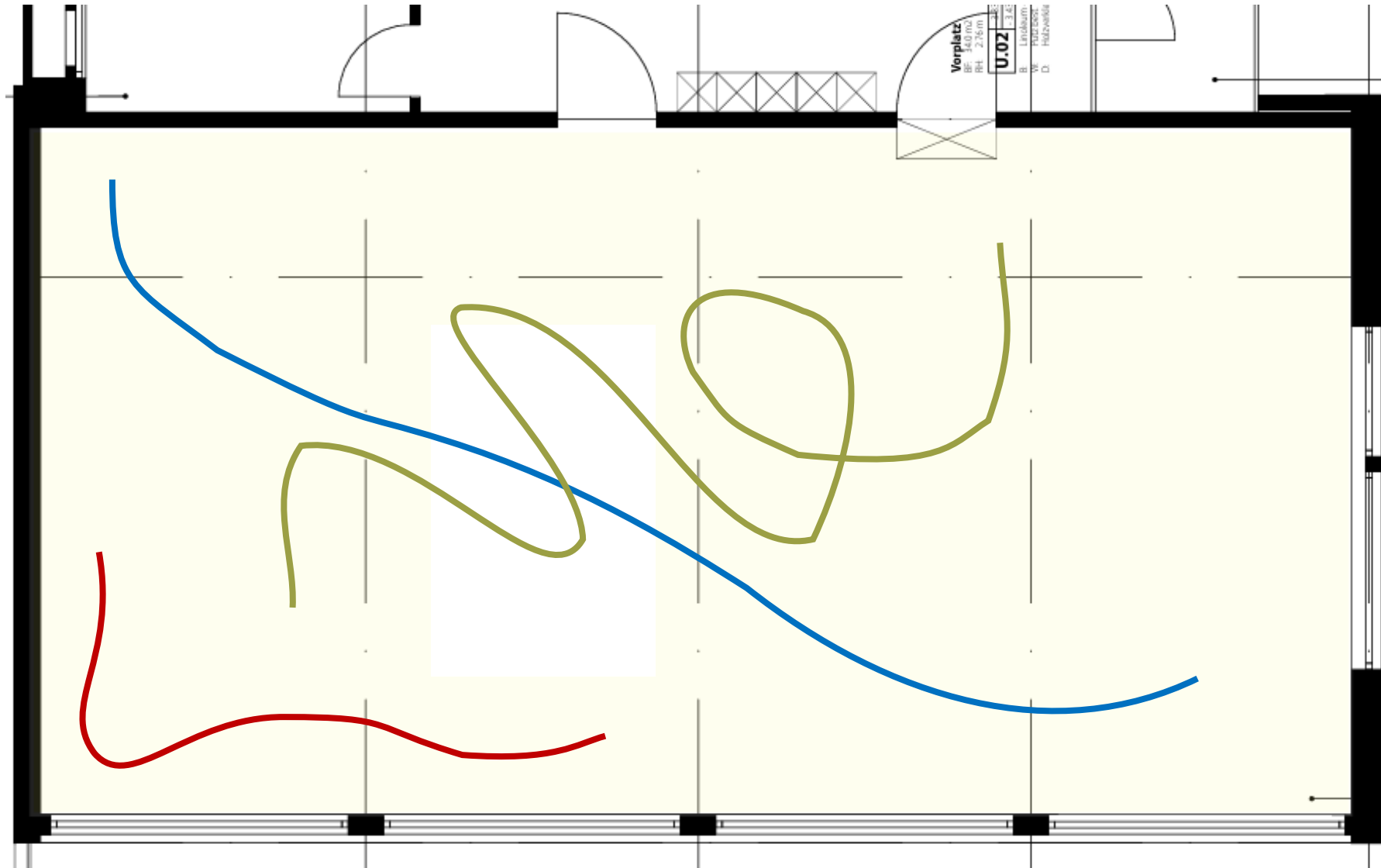
Flächen in der Kinesphäre



Raum- Ebenen

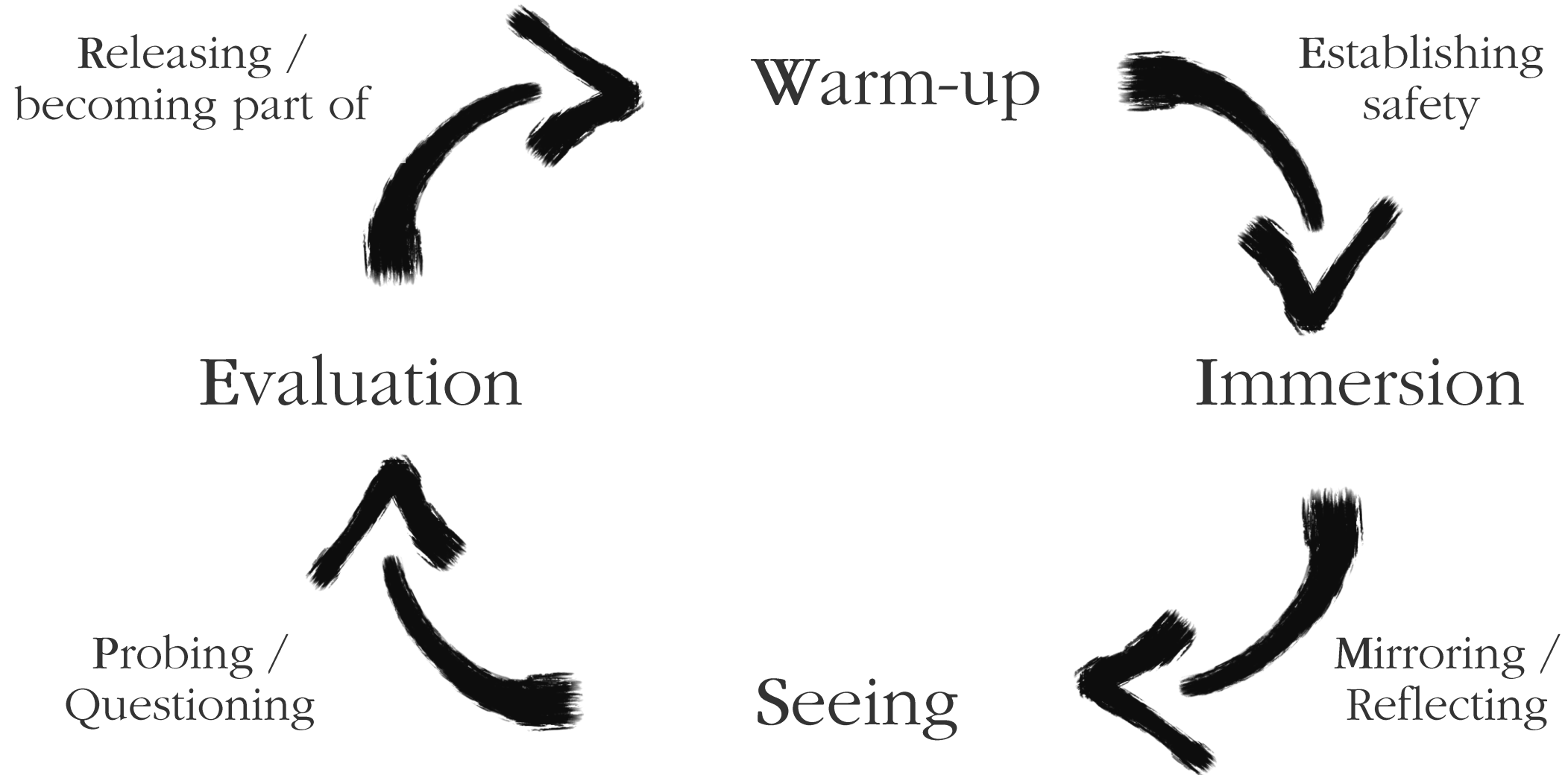


Bewegung im allgemeinen Raum



Fallvignetten

WISE/EMPowerR model of therapeutic change



Quelle: ??????

Abraha, I., Rimland, J. M., Trotta, F. M., Dell'Aquila, G., Cruz-Jentoft, A., Petrovic, M., ... & Cherubini, A. (2017). Systematic review of systematic reviews of non-pharmacological interventions to treat behavioural disturbances in older patients with dementia. The SENATOR-OnTop series. *BMJ open*, 7(3), e012759; Archer, S., Buxton, S., & Sheffield, D. (2015). The effect of creative psychological interventions on psychological outcomes for adult cancer patients: a systematic review of randomised controlled trials. *Psycho-Oncology*, 24(1), 1-10; Baker, F. A., Metcalf, O., Varker, T., & O'Donnell, M. (2018). A systematic review of the efficacy of creative arts therapies in the treatment of adults with PTSD. *Psychological Trauma: Theory, Research, Practice, and Policy*, 10(6), 643-651; Beard, R. L. (2012). Art therapies and dementia care: A systematic review. *Dementia*, 11(5), 633-656; Bidonde, J., Boden, C., Kim, S., Busch, A. J., Goes, S. M., & Knight, E. (2018). 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Theorie Evidenz Ver-Stehen Praxis Erfahrung Gewahr-Werden

